

Suicide Prevention Plan 2014-2017
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Priority	Main Actions	Partners included	Achievements
1) Understanding suicide and attempted suicide in Surrey	<p>Undertake a suicide audit</p> <p>Annual analysis of available local and national data</p> <p>Monitoring of national/economic changes that may increase suicide</p> <p>Identification of areas where there has been a number of complete local suicides</p>	Public Health, Coroner, police, NHS, Mental health services	<p>A suicide audit of suicides taking place between 2012 and 2013 has been undertaken.</p> <p>There is a scrutiny panel (Public Health, CCG's and SABP) that reviews serious untoward incidences in acute mental health settings and SABP have an internal quarterly Suicide Prevention Information Network providing ongoing learning opportunities for organisations and their staff to learn from serious incidences.</p> <p>Public Health carried out a review of all national guidance documents which have been published in recent years. The purpose of this review was to identify areas that are appropriate to embed in the development of a local Suicide prevention strategy.</p> <p>National data on suicide and self-harm is regularly analysed and shared with the Suicide Prevention group.</p> <p>A multi-agency group was established in 2017 in response to a number of suicides at Woking Railway station/Line resulting in Woking being subject to the national rail escalation process. Members include Woking BC, British Transport Police, Surrey and Borders Partnership, Samaritans, CCG, Safe Haven and Community Connections. Some of the key actions include community suicide prevention training, setting up a mental health champion scheme, improving awareness of local services and identifying ways to communicate information about individuals that maybe distressed.</p>
2) Helping people to recognise and respond to suicide risk	Development of a training programme for staff groups who work with people at risk	Public Health, Surrey and Borders Partnership Trust	<p>Surrey CC Public Health commissioned training – 250 health and social care attendees between 1st April 2015- 31st March 2017</p> <p>A Suicide Prevention Conference, led by SABP, took place in July 2017 this was attended by over 100 local stakeholders, staff, carers and people who use services. The conference was well received and people made pledges on how they can make individual changes that may save lives.</p> <p>SABP have introduced Clinical Risk Management Training Compliance- eLearning training on clinical risk assessments tis available to staff. The objective of the training is to help drive the reduction in variation in our risk assessment and management approach.</p> <p>SABP Health Education for England grant funding as enabled a training programme to be developed</p>

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			<p>in partnership with Public Health. Roll out will commence December 2017 for three target groups:</p> <p>Group 1: carers through recovery college</p> <p>Group 2: crisis care team. Delivered by Clinicians</p> <p>Group 3: SABP trust wide training.</p> <p>A Public Mental Health training plan has been developed for 2017/18 and will include suicide prevention sessions</p>
3) Responding effectively to attempted suicide in Surrey	Improve pathways from A&E to appropriate support services for people who attempt suicide or self-harm.	Mental Health Services, NHS, A&E	<p>All A&Es now have been provided with a directory of services (information includes community mental health services and support services).</p> <p>A third party referral scheme was established in September 2016 been set up between A&E and Samaritans (pilot scheme in St Peters hospital, Chertsey). This is for people who attend A&E expressing suicidal ideation, however after assessment are found to have no mental health need or don't meet the threshold for secondary mental health services.</p> <p>Work continues with psych-liaison service expansion to strength identification of those at risk who may present at A&E. There are a number of initiatives currently being embedded in partnership with SABP including 'core 24'. Core 24 is national funding awarded to Surrey with the aim to expand the provision of liaison mental health services in providing specialist, compassionate assessment, detection and treatment of mental ill health in general acute hospitals. This is overseen by the Mental Health Crisis Care Concordat Delivery Group.</p>
4) Prevention of suicide among identified high risk groups	Suicide prevention and anti-stigma training and signposting for those who come into contact with vulnerable groups	Mental Health Service, NHS, Voluntary sector, Substance Misuse services; ASC	<p>A directory of emergency contacts of local and national support services has been developed to signpost people to appropriate support. This is available on the Healthy Surrey website and has been widely distributed.</p> <p>Safe Havens have been developed across Surrey, delivered in partnership they aim to provide accessible alternative care and support pathways for people in mental health crisis and their carers that focus on preventing crises before they happen. The development of Safe Havens is overseen by the Mental Health Crisis Care Concordat Delivery Group.</p> <p>Additional bespoke suicide prevention training sessions have been provided for agencies who have been identified to be working with those at increased risk. Three sessions were delivered in 2017 to CAB staff, Carers and Housing providers. Domestic Abuse providers have attended the ASIST</p>

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			<p>training.</p> <p>All prisons have a local plan that includes self-harm and suicide prevention¹.</p> <p>Individuals who have absconded from hospital have been identified as increased risk from suicide, locally partners worked with the British Transport Police to develop a range of projects, including: Radio link between Farnham Road Hospital and local Radio Link system to identify individuals who have absconded from the hospital and alert relevant community contacts including BTP, CCTV headquarters in Guildford, local security staff.</p> <p>The aforementioned guidance review carried out by Public Health in July 2017 details those who have been identified as increased risk and provides example approaches for prevention. The review also included specific guidance on Lesbian, Gay, and Bisexual young people and Trans young people.</p>
5) Reduce attempted suicide amongst children and young people	<p>Delivery of emotional resilience via Healthy Schools programme.</p> <p>Development of a self-harm protocol for schools</p>	Healthy Schools, CAMHS; NHS, CSF	<p>The Healthy Schools programme includes emotional wellbeing, resilience and self-harm. The programme provides Training for school nurses and wider support for professionals working in schools to identify and support children with an emotional mental health and wellbeing need is offered through Emotional Wellbeing Service, through the community health provider.</p> <p>Any young person aged 10-18 can access the CYP Haven; a safe space where you can talk about worries and mental health in a confidential and friendly, supportive environment. This currently exists in the Guildford locality though any young person can receive support there.</p>
6) Develop a post suicide intervention plan	<p>Media monitoring</p> <p>Bereavement support and signposting</p> <p>Multi-agency high-frequency location plans to</p>	Public Health, Ambulance services, Police and Voluntary Sector; Rail, planning, ASC.	<p>Local guidance on media reporting of suicide, online content and social media has been developed. This was circulated to all members of the suicide prevention group. The national guidance has also been circulated to all the Surrey Media outlets. Poor press reporting of suicide is addressed via the Samaritans press office.</p> <p>A small working group has been established to improve support to people bereaved by suicide. This group consists of family members, CAB, Public Health and SOBS.</p> <p>When there has been a high profile online incident a statement with guidance has been issued to</p>

¹ The Prisons have a Prison Service order 2700 "Management of prisoners at risk to self, to others and from others". In line with this order the Safer Custody lead in Surrey prisons ensures that suicide prevention is embedded across prisons in Surrey.

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	reduce access to means and promote support		appropriate agencies. SABP have a local post suicide intervention plan